

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

October 2021

					<p>9am: Coffee Chat (2) 1 10am: Seated Exercise (2B) 11am: Manicures (2) 1:15pm: Putting Practice 2 2pm: Live Music (2B) 3pm: Milkshake Social (2B) 4pm: Video Calls to Family 6pm: Musical Film (2B:TV)</p>	<p>9am: Coffee Chat (2) 2 10am: Seated Exercise (2B) 11am: Movie Matinee (2B) 1pm: Video Calls to Family 2pm: Scrabble & Cards (2) 3pm: 1-on-1s / Small Group 6pm: Movie Night (2B:TV) with Popcorn</p>
<p>9am: Coffee Chat (2) 3 10am: Seated Exercise (2B) 11am: Singalong Hymns 2B 1:15pm: Afternoon Tea (2) 2pm: Video Calls to Family 3pm: Bingo (2B) 6pm: Movie Night (2B:TV) 7pm: 60 Minutes (1: ICP)</p>	<p>9am: Coffee Chat (2) 4 10am: Seated Exercise (2B) 11am: Live Music by Joe 2B 1:15pm: Wii Games (2B:TV) 2pm: Let's Play UNO (2) 3pm: Trivia (2) 4pm: Video Calls to Family 6pm: Dick Van Dyke (2B)</p>	<p>9am: Coffee Chat (2) 5 10am: Seated Exercise (2B) 11am: Group Clubs (2B) 1:15pm: Scenic Drive (1) 2pm: 1-on-1s 3pm: Appetizers & Wine 2B 4pm: Video Calls to Family 6pm: Comedy Film (2B:TV)</p>	<p>Happy Bday Dorothy! 6 9am: Coffee Chat (2) 10am: Seated Exercise (2B) 11am: Arts & Crafts (2) 1:15pm: Documentary (2B) 2pm: Scenic Drive (1) 3pm: Wine-Down Wed (2B) 4pm: Video Calls to Family 6pm: Carole Burnett (2B)</p>	<p>9am: Coffee Chat (2) 7 10am: Seated Exercise (2B) 11am: Visits by Deacon (1) 1:15pm: Music Concert (2B) 2pm: Bingo (2B) 3pm: Finish the Phrase 2B 4pm: Coffee Klatch (2) 6pm: Stand-Up Comedy 2B</p>	<p>9am: Coffee Chat (2) 8 10am: Seated Exercise (2B) 11am: Manicures (2) 1:15pm: Bowling (2) 2pm: Coffee Klatch (2) 3pm: Ice Cream Social (2B) 4pm: Video Calls to Family 6pm: Musical Film (2B:TV)</p>	<p>9am: Coffee Chat (2) 9 10am: Seated Exercise (2B) 11am: Movie Matinee (2B) 1pm: Video Calls to Family 2pm: Scrabble & Cards (2) 3pm: 1-on-1s / Small Group 6pm: Movie Night (2B:TV) with Popcorn</p>
<p>9am: Coffee Chat (2) 10 10am: Seated Exercise (2B) 11am: Singalong Hymns 2B 1:15pm: Afternoon Tea (2) 2pm: Video Calls to Family 3pm: Bingo (2B) 6pm: Movie Night (2B:TV) 7pm: 60 Minutes (1: ICP)</p>	<p>Columbus Day 11 9am: Coffee Chat (2) 10am: Seated Exercise (2B) 11am: 1-on-1s 1:15pm: Wii Games (2B:TV) 2pm: Play Hangman (2) 3pm: Brain Busters (2) 4pm: Video Calls to Family 6pm: Dick Van Dyke (2B)n</p>	<p>9am: Coffee Chat (2) 12 10am: Seated Exercise (2B) 11am: Group Clubs (2B) 1:15pm: Scenic Drive (1) 2pm: Live Music (2B) 3pm: Appetizers & Wine 2B 4pm: Video Calls to Family 6pm: Comedy Film (2B:TV)</p>	<p>Haircut Day! 13 9am: Coffee Chat (2) 10am: Seated Exercise (2B) 11am: Arts & Crafts (2) 1:15pm: Documentary (2B) 2pm: Scenic Drive (1) 3pm: Wine-Down Wed (2B) 4pm: Video Calls to Family 6pm: Carole Burnett (2B)</p>	<p>9am: Coffee Chat (2) 14 10am: Seated Exercise (2B) 11am: Visits by Deacon (1) 1:15pm: Music Concert (2B) 2pm: Bingo (2B) 3pm: Cooking/Baking (2B) 4pm: Coffee Klatch (2) 6pm: Stand-Up Comedy 2B</p>	<p>9am: Coffee Chat (2) 15 10am: Seated Exercise (2B) 11am: Manicures (2) 1:15pm: Shuffle Board (2) 2pm: Current Events (2) 3pm: Banana Splits (2B) 4pm: Video Calls To Family 6pm: Musical Film (2B:TV)</p>	<p>9am: Coffee Chat (2) 16 10am: Seated Exercise (2B) 11am: Movie Matinee (2B) 1pm: Video Calls to Family 2pm: Scrabble & Cards (2) 3pm: 1-on-1s / Small Group 6pm: Movie Night (2B:TV) with Popcorn</p>
<p>9am: Coffee Chat (2) 17 10am: Seated Exercise (2B) 11am: Singalong Hymns 2B 1:15pm: Afternoon Tea (2) 2pm: Video Calls to Family 3pm: Bingo (2B) 6pm: Movie Night (2B:TV) 7pm: 60 Minutes (1: ICP)</p>	<p>9am: Coffee Chat (2) 18 10am: Seated Exercise (2B) 11am: 1-on-1s 1:15pm: Wii Games (2B:TV) 2pm: Board Games (2) 3pm: Name That Tune (2) 4pm: Video Calls to Family 6pm: Dick Van Dyke (2B)</p>	<p>9am: Coffee Chat (2) 19 10am: Seated Exercise (2B) 11am: Group Clubs (2B) 1:15pm: Scenic Drive (1) 2pm: Live Music (2B) 3pm: Appetizers & Wine 2B 4pm: Video Calls to Family 6pm: Comedy Film (2B:TV)</p>	<p>Haircut Day! 20 9am: Coffee Chat (2) 10am: Seated Exercise (2B) 11am: Arts & Crafts (2) 1:15pm: Documentary (2B) 2pm: Scenic Drive (1) 3pm: Wine-Down Wed (2B) 4pm: Video Calls to Family 6pm: Carole Burnett (2B)</p>	<p>Meeting Day 21 9am: Coffee Chat (2) 10am: Resident Meeting 2B 11am: Visits by Deacon (1) 1:15pm: Music Concert (2B) 2pm: Documentary (2B:TV) 3pm: 1-on-1s 6pm: Stand-Up Comedy 2B</p>	<p>9am: Coffee Chat (2) 22 10am: Seated Exercise (2B) 11am: Manicures (2) 1:15pm: Connect Four (2) 2pm: Chair Volleyball (2B) 3pm: Popcorn Social (2B) 4pm: Video Calls to Family 6pm: Musical Film (2B:TV)</p>	<p>9am: Coffee Chat (2) 23 10am: Seated Exercise (2B) 11am: Movie Matinee (2B) 1pm: Video Calls to Family 2pm: Scrabble & Cards (2) 3pm: 1-on-1s / Small Group 6pm: Movie Night (2B:TV) with Popcorn</p>
<p>United Nations Day 24 9am: Coffee Chat (2) 10am: Seated Exercise (2B) 11am: Singalong Hymns 2B 1:15pm: Afternoon Tea (2) 2pm: Video Calls to Family 3pm: Bingo (2B) 6pm: Movie Night (2B:TV) 7pm: 60 Minutes (1: ICP)</p>	<p>9am: Coffee Chat (2) 25 10am: Seated Exercise (2B) 11am: 1-on-1s 1:15pm: Wii Games (2B:TV) 2pm: Group Crosswords 2B 3pm: Finish the Phrase (2) 4pm: Video Calls to Family 6pm: Dick Van Dyke (2B)</p>	<p>9am: Coffee Chat (2) 26 10am: Seated Exercise (2B) 11am: Group Clubs (2B) 1:15pm: Scenic Drive (1) 2pm: Live Music (2B) 3pm: Birthday Party (2B) 4pm: Video Calls to Family 6pm: Comedy Film (2B:TV)</p>	<p>Happy Bday Gladys! 27 9am: Coffee Chat (2) 10am: Seated Exercise (2B) 11am: Arts & Crafts (2) 1:15pm: Documentary (2B) 2pm: Scenic Drive (1) 3pm: Wine-Down Wed (2B) 4pm: Video Calls to Family 6pm: Carole Burnett (2B)</p>	<p>9am: Coffee Chat (2) 28 10am: Seated Exercise (2B) 11am: Visits by Deacon (1) 1:15pm: Music Concert (2B) 2pm: Bingo (2B) 3pm: Cooking/Baking (2B) 4pm: Coffee Klatch (2) 6pm: Stand-Up Comedy 2B</p>	<p>9am: Coffee Chat (2) 29 10am: Seated Exercise (2B) 11am: Manicures (2) 1:15pm: Putting Practice 2 2pm: Documentary (2B:TV) 3pm: Halloween Party (2B) 4pm: Video Calls to Family 6pm: Musical Film (2B:TV)</p>	<p>9am: Coffee Chat (2) 30 10am: Seated Exercise (2B) 11am: Movie Matinee (2B) 1pm: Video Calls to Family 2pm: Scrabble & Cards (2) 3pm: 1-on-1s / Small Group 6pm: Movie Night (2B:TV) with Popcorn</p>
<p>Happy Halloween! 31 9am: Coffee Chat (2) 10am: Seated Exercise (2B) 11am: Singalong Hymns 2B 1:15pm: Afternoon Tea (2) 2pm: Video Calls to Family 3pm: Bingo (2B) 6pm: Movie Night (2B:TV) 7pm: 60 Minutes (1: ICP)</p>	<p>Breakfast 8am-9am Lunch 12pm-1pm Dinner 5pm-6pm</p> <p><i>For Activity Support & Information Contact Hilary 518-817-9108 x407</i> Events are subject to change.</p>					 <p>CHAMPLAIN VALLEY SENIOR COMMUNITY</p> <p>ASSISTED LIVING & MEMORY CARE</p>