



Memory Care | December 2017 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>OUTINGS FOR DECEMBER:</p> <ul style="list-style-type: none"> • Dec 10th-A Christmas Carol • Dec 16th-Christmas Market 	<p>HAPPY BIRTHDAY</p> <p>GLADYS FROUSTET BARBARA MILLION</p>	<p>MEALTIMES & ONE-ON-ONE:</p> <p>9:00-10:00am Breakfast 12-12:30pm 1-on-1 Activity 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 Activity 4:30-5:30pm Dinner</p>			<p>1 BRITNEY</p> <p>8:30am Exercise (MC) 10:30am Crafts (MC) 12-12:30pm 1-on-1 activity (Rm#211) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#212) 2:30pm Music with Don & Earl (DR) 6:30pm Movie: Sensory Movie (MC)</p>	<p>2 ANGELA</p> <p>8:30am Chair Aerobics (DR) 10:30am Sensory Activity (MC) 12-12:30pm 1-on-1 activity (Rm#213) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#214) 2:30pm Music Activity (MC) 6:30pm Movie (MC)</p>
<p>3 TORUNN</p> <p>8:30am Exercise (MC) 10:30am Making Christmas Cards (MC) 12-12:30pm 1-on-1 activity (Rm#215) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#216) 2:30pm Folding Activity (MC) 6:30pm Sensory Movie (MC)</p>	<p>4 TORUNN</p> <p>8:30am Exercise (MC) 10:30am Making Cards (MC) 12-12:30pm 1-on-1 activity (Rm#217) 12:45-2:00pm Lunch 2:00pm Music with Buggy (DR) 2:30-3:30pm 1-on-1 activity (Rm#218) 6:30pm Movie: Sensory Movie (MC)</p>	<p>5 BRITNEY</p> <p>8:30am Exercise (MC) 10:30am Sensory Activity (MC) 12-12:30pm 1-on-1 activity (Rm#219) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#220) 2:30pm Music with Andrea (MC) 6:30pm Movie (MC)</p>	<p>6 ANGELA</p> <p>8:30am Strength Exercise (MC) 10:30am Sensory Activity (MC) 12-12:30pm 1-on-1 activity (Rm#221) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#222) 2:30pm Music Sing-Along (MC) 6:30pm Movie (MC)</p>	<p>7 TORUNN</p> <p>8:30am Chair Exercise (MC) 10:30am Music Gathering (DR) 11:00am Catholic Communion (DR) 12-12:30pm 1-on-1 activity (Rm#223) 1:30pm Yoga with Torunn (MC) 2:30-3:30pm 1-on-1 activity (Rm#224) 6:30pm Movie (MC)</p>	<p>8 BRITNEY</p> <p>8:30am Exercise (MC) 10:30am Board Games (MC) 12-12:30pm 1-on-1 activity (Rm#225) 12:45-2:00pm Lunch 2:00pm Music with Coorie (DR) 2:30-3:30pm 1-on-1 activity (Rm#226) 6:30pm Movie (MC)</p>	<p>9 KIMBERLEY</p> <p>8:30am Chair Aerobics (MC) 10:30am Sensory Activity (MC) 12-12:30pm 1-on-1 activity (Rm#210) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#211) 3:30pm Game time (MC) 6:30pm Christmas Movie (MC)</p>
<p>10 BRITNEY</p> <p>8:30am Exercise (MC) 10:30am Color Activity (MC) 12-12:30pm 1-on-1 activity (Rm#212) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#213) 2:30pm Music with Britney (DR) 6:00pm Sensory Movie (MC)</p>	<p>11 TORUNN</p> <p>9:00am Chair Exercise (DR) 10:30am Adult Coloring & Manicures (DRS) 12-12:30pm 1-on-1 activity (Rm#214) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#215) 2:30pm Sensory Activity (MC) 6:30pm Christmas Movie (ICP)</p>	<p>12 BRITNEY</p> <p>9:00am Chair Aerobics (DR) 10:30am Craft Time (MC) 12-12:30pm 1-on-1 activity (Rm#216) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#217) 2:30pm Music with Andrea (ICP) 6:00pm Movie (MC)</p>	<p>13 ANGELA</p> <p>8:00am Exercise (MC) 10:30am Finger Paint (MC) 12-12:30pm 1-on-1 activity (Rm#218) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#219) 3:00pm Christmas Story Time (MC) 6:00pm Movie (MC)</p>	<p>14 TORUNN</p> <p>8:00am Exercise (MC) 10:30am Music Gathering (DR) 11:00am Catholic Communion (DR) 12-12:30pm 1-on-1 activity (Rm#220) 1:00pm Christmas Party (DR) 2:30-3:30pm 1-on-1 activity (Rm#221) 6:00pm Movie (MC)</p>	<p>15 BRITNEY</p> <p>8:00am Exercise (MC) 10:30am Laundry Activity (MC) 12-12:30pm 1-on-1 activity (Rm#222) 12:45-2:00pm Lunch 2:00pm Music with LJB (DR) 2:30-3:30pm 1-on-1 activity (Rm#223) 6:00pm Movie (MC)</p>	<p>16 ANGELA</p> <p>8:00am Exercise (MC) 10:30am Craft Time (MC) 12-12:30pm 1-on-1 activity (Rm#224) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#225) 3:30pm Story Time (MC) 6:00pm Movie (MC)</p>
<p>17 TORUNN</p> <p>9:30am Exercise (MC) 10:30am Sensory Activity (MC) 12-12:30pm 1-on-1 activity (Rm#226) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#210) 2:30pm C-MAS Music Sing-Along (MC) 6:00pm Christmas Movie (MC)</p>	<p>18 ANGELA</p> <p>8:00am Exercise (MC) 10:30am Sensory Activity (MC) 12-12:30pm 1-on-1 activity (Rm#211) 12:45-2:00pm Lunch 2:00pm Music with Ed Schenk (DR) 2:30-3:30pm 1-on-1 activity (Rm#212) 6:00pm Movie (MC)</p>	<p>19 BRITNEY</p> <p>9:00am Depart for Breakfast Outing 10:30am Folding Activity (MC) 12-12:30pm 1-on-1 activity (Rm#213) 2:30-3:30pm 1-on-1 activity (Rm#214) 2:30pm Music with Staff (MC) 3:30pm Easy Dice Game (MC) 6:00pm Movie (MC)</p>	<p>20 BRITNEY</p> <p>9:00am Depart for Breakfast Outing 10:30am Folding Activity (MC) 12-12:30pm 1-on-1 activity (Rm#215) 2:30-3:30pm 1-on-1 activity (Rm#216) 2:30pm Music with Staff (MC) 3:30pm Easy Dice Game (MC) 6:00pm Movie (MC)</p>	<p>21 TORUNN</p> <p>8:00am Exercise (MC) 10:30am Catholic Communion (DR) 10:30am Balloon Toss (MC) 12-12:30pm 1-on-1 activity (Rm#217) 2:30-3:30pm 1-on-1 activity (Rm#218) 3:30pm Sing-Along (MC) 6:00pm Movie (MC)</p>	<p>22 BRITNEY</p> <p>8:00am Exercise (MC) 10:30am Sensory Activity (MC) 12-12:30pm 1-on-1 activity (Rm#219) 2:00pm Music with Lou Allen (DR) 2:30-3:30pm 1-on-1 activity (Rm#220) 3:30pm Memory Cup Game (MC) 6:00pm Movie (MC)</p>	<p>23 ANGELA</p> <p>8:00am Exercise (MC) 10:30am Finger Paint (MC) 12-12:30pm 1-on-1 activity (Rm#221) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#222) 3:30pm Memory Gdn-Bubbles (MCG) 6:00pm Sensory Movie (DR)</p>
<p>24 TORUNN</p> <p>9:00-10:00am Breakfast 9:30am Exercise (MC) 12-12:30pm 1-on-1 activity (Rm#223) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#224) 4:30-5:30pm Dinner</p>	<p>25 MERRY CHRISTMAS!</p> <p>BRITNEY</p> <p>8:00am Exercise (MC) 10:30am Reindeer Games (MC) 2:00pm Christmas Movie with Angela 4:00pm Cocoa Hour (DR) 6:00pm Movie (MC)</p>	<p>26 TORUNN</p> <p>8:00am Exercise (MC) 10:30am Hair Styling & Manicures (MC) 12-12:30pm 1-on-1 activity (Rm#210) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#211) 3:30pm Sitting Beach Ball Kick (MC) 6:00pm Movie (MC)</p>	<p>27 BRITNEY</p> <p>8:00am Exercise (MC) 10:30am Story Time (MC) 12-12:30pm 1-on-1 activity (Rm#212) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#213) 3:30pm Folding Activity (MC) 6:00pm Sensory Movie (MC)</p>	<p>28 TORUNN</p> <p>8:00am Exercise (DR) 10:30am Catholic Communion (DR) 12-12:30pm 1-on-1 activity (Rm#214) 12:45-2:00pm Lunch 2:00pm The Year in Art w/Torunn (MC) 2:30-3:30pm 1-on-1 activity (Rm#215) 6:00pm Movie (MC)</p>	<p>29 BRITNEY</p> <p>8:00am Exercise (MC) 10:30am Sensory Activity (MC) 12-12:30pm 1-on-1 activity (Rm#216) 12:45-2:00pm Lunch 2:00pm Music with Buggy (DR) 2:30-3:30pm 1-on-1 activity (Rm#217) 6:00pm Movie (MC)</p>	<p>30 TORUNN</p> <p>8:00am Exercise (MC) 10:30am Fishing Game (MC) 12-12:30pm 1-on-1 activity (Rm#218) 12:45-2:00pm Lunch 2:30-3:30pm 1-on-1 activity (Rm#219) 3:30pm Sing-Along (MC) 6:00pm Sensory Movie (MC)</p>
<p>31 BRITNEY</p> <p>9:30am Chair Exercise (MC) 10:30am New Years Activity (MC) 1:00pm Scenic Drive 3:00pm Sensory Activity (MC) 6:00pm Movie (MC)</p> <p>HAPPY NEW YEAR!</p>	<p>ROOM & FLOOR KEY</p> <p>DR: Dining Room, Floor 2B DRL: Dining Room Lounge, Floor 2B DRS: Dining Room Stage, Floor 2 ICP: Ice Cream Parlor, Floor 1 LR: Living Room, Floor 3 MC: Memory Care Wing MCG: Memory Care Garden</p>					<p>EVENING, SATURDAY AND SUNDAY ACTIVITIES WILL BE LEAD BY RCA'S UNLESS OTHERWISE NOTED. DOCUMENTATION OF ACTIVITIES IS REQUIRED. ALL SUPPLIES AND DIRECTION WILL BE PROVIDED.</p> <p>Support is available by contacting Torunn Lyngroth Aberle at (518) 817-9108 ext 407 or at torunn@champlainassistedliving.com</p>