

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Games & Puzzles 2pm: Singalong Songs 2:30pm: Bingo 4pm: Relaxation Hour Virtual Aquarium 7pm: YouTube Concert	2 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Dice Bingo 1pm: Balloon Toss 2pm: Short Stories 3pm: Hand Soak & Rub 7pm: Movie Night	3 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11pm: Group Word Games 1pm: Arts & Crafts 2:30pm: Live Music 4pm: Armchair Travel Greece 7pm: Movie Night	4 <u>Hair Care Day</u> 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Protestant Service 1pm: Horse Racing Game 2:30pm: Relaxation Hour Piano Music 4pm: Biography 7pm: Nature Program	5 <u>Cinco de Mayo</u> 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Catholic Service (AL) 1pm: Cinco Bingo 2:30pm: Happy Hour Cinco de Mayo 4pm: Hymn Singalong 7pm: Movie Night	6 9:30am: 1:1 Activities 10am: Today in History 10:30am: Seated Exercise 11am: Video Calls to Fam. 1pm: Cooking/Baking 2:30pm: Sweet Treat Social 3pm: Reminisce 4pm: Relaxation Hour Classical Music 7pm: Movie Night	7 9:30am: Meaningful 1:1s 10am: Movie/Documentary 11am: Seated Exercise 2:30pm: Sunshine Social 4:30pm: Spiritual Eldercare 7pm: Movie Night
8 <u>Mother's Day</u> 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Mother's Day Tea AL Live Violin Music 2pm: Singalong Songs 2:30pm: Bingo 4pm: Relaxation Hour Virtual Bird Watch 7pm: YouTube Concert	9 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Dice Bingo 1pm: Balloon Toss 2pm: Short Stories 2:30pm: Live Music (AL) 3pm: Hand Soak & Rub 7pm: Movie Night	10 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Live Music 1pm: Arts & Crafts 2:30pm: Live Music 4pm: Armchair Travel Adirondacks 7pm: Movie Night	11 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Protestant Service 1pm: Horse Racing Game 2:30pm: Relaxation Hour Piano Music 4pm: Biography 7pm: Nature Program	12 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Catholic Service (AL) 1pm: Bingo 2:30pm: Happy Hour Milkshakes 4pm: Hymn Singalong 7pm: Movie Night	13 9:30am: 1:1 Activities 10am: Today in History 10:30am: Seated Exercise 11am: Video Calls to Fam. 1pm: Pictionary 2:30pm: Live Music (AL) 3pm: Reminisce 4pm: Relaxation Hour Classical Music 7pm: Movie Night	14 9:30am: Meaningful 1:1s 10am: Movie/Documentary 11am: Seated Exercise 2:30pm: Sunshine Social 4:30pm: Spiritual Eldercare 7pm: Movie Night
15 9:30am: Meaningful 1:1s 10am: Seated Exercise 11am: Games & Puzzles 2pm: Singalong Songs 2:30pm: Bingo 4pm: Relaxation Hour Virtual Aquarium 7pm: YouTube Concert	16 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Dice Bingo 1pm: Balloon Toss 2pm: Short Stories 2:30pm: Live Music 3pm: Hand Soak & Rub 7pm: Movie Night	17 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11pm: Group Word Games 1pm: Arts & Crafts 2:30pm: Scenic Drive 4pm: Armchair Travel Florida Keys 7pm: Movie Night	18 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Protestant Service 1pm: Horse Racing Game 2:30pm: Relaxation Hour Piano Music 4pm: Biography 7pm: Nature Program	19 <u>Happy Bday Roger!</u> 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Catholic Service (AL) 1pm: Wine & Cheese Social 2:30pm: Live Music (AL) 4pm: Hymn Singalong 7pm: Movie Night	20 9:30am: 1:1 Activities 10am: Today in History 10:30am: Seated Exercise 11am: Video Calls to Fam. 1pm: Cooking/Baking 2:30pm: Sweet Treat Social 3pm: Reminisce 4pm: Relaxation Hour Classical Music 7pm: Movie Night	21 <u>Armed Forces Day</u> 9:30am: Meaningful 1:1s 10am: Movie/Documentary 11am: Seated Exercise 2:30pm: Sunshine Social 4:30pm: Spiritual Eldercare 7pm: Movie Night
22 9:30am: 1:1 Activities 10am: Today in History 10:30am: Seated Exercise 11am: Games & Puzzles 2pm: Singalong Songs 2:30pm: Bingo 4pm: Relaxation Hour Virtual Bird Watch 7pm: YouTube Concert	23 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Dice Bingo 1pm: Balloon Toss 2pm: Short Stories 2:30pm: Live Music (AL) 3pm: Hand Soak & Rub 7pm: Movie Night	24 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11pm: Live Music 1pm: Arts & Crafts 2:30pm: Live Music 4pm: Armchair Travel Grand Canyon 7pm: Movie Night	25 <u>Meeting Day</u> 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Protestant Service 1pm: Horse Racing Game 2:30pm: Relaxation Hour Piano Music 4pm: Biography 7pm: Nature Program	26 <u>Birthday Pizza Party</u> 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11am: Live Spiritual Music 1pm: Bingo 2:30pm: Happy Hour Brews & Tattoos 4pm: Hymn Singalong 5pm: Pizza Birthday Party 7pm: Movie Night	27 9:30am: 1:1 Activities 10am: Today in History 10:30am: Seated Exercise 11am: Video Calls to Fam. 1pm: Cooking/Baking 2:30pm: Sweet Treat Social 3pm: Reminisce 4pm: Relaxation Hour Classical Music 7pm: Movie Night	28 9:30am: Meaningful 1:1s 10am: Movie/Documentary 11am: Seated Exercise 2:30pm: Sunshine Social 4:30pm: Spiritual Eldercare 7pm: Movie Night
29 9:30am: Meaningful 1:1s 10am: Seated Exercise 11am: Games & Puzzles 2pm: Singalong Songs 2:30pm: Bingo 4pm: Relaxation Hour Virtual Aquarium 7pm: YouTube Concert	30 <u>Memorial Day</u> 9:30am: Meaningful 1:1s 10am: Today in History 10am: Memorial Parade 10:30am: Seated Exercise 11am: Dice Bingo 1pm: Balloon Toss 2:30pm: Live Music AL 3pm: Hand Soak & Rub 7pm: Movie Night	31 9:30am: Meaningful 1:1s 10am: Today in History 10:30am: Seated Exercise 11pm: Group Word Games 1pm: Arts & Crafts 2:30pm: Scenic Drive 4pm: Armchair Travel Boston 7pm: Movie Night	<h1>May 2022</h1> <h2>MEMORY CARE UNIT</h2> <p>Breakfast: 7:45am-8:45am Lunch: 11:45am-12:45pm Dinner: 4:45pm-5:45pm For activity support & information contact Hilary 518-817-9108 x407 *Sign Up Required Activities are subject to change.</p>			