

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

MEMORY CARE UNIT

Breakfast: 7:45am-8:45am | Lunch: 11:45pm-12:45pm | Dinner: 4:45pm-5:45pm | Nightly Movie: 7pm

For activity support & information contact 518-817-9108

*Weather Dependent | Activities are subject to change

				1	2	3
				<p>9:40am: Daily Chronicle 11am: Catholic Service(AL) 12:40pm: Seated Exercise 2:30pm: Ice Cream Social 4pm: "Who Am I?"</p>	<p>9:40am: Daily Chronicle 10:40am: Sunshine Social 10:45:Video Calls with Fam 11am: Sunshine Social 12:40pm: Seated Exercise 3:15pm: Bingo 4pm: Painting and Coloring</p>	<p>9:40am: Daily Chronicle 11am: Seated Exercise 12:30pm: Nail Care 2:30pm: Crafts 4:15pm: Short Stories</p>
4	5	6	7	8	9	10
<p>9:30am:1 on 1 Activities 10am: Seated Exercise 10:30am: Daily Chronicle 11am: Scenic Drive (AL) 12:45pm: Bingo! 2:30pm: Games and Puzzles 4pm: Relaxation Hour- Piano Music</p>	<p><u>Labor Day</u> 9:40am: Coffee & News 10:45am: Seated Exercise & Daily Chronicle 12:30pm: Movie Matinee 1:30pm:Live Music (AL) 4pm: Youtube Concert</p>	<p>9:40am: Daily Chronicle 10:30am: Seated Exercise 12:40pm:Movie Matinee 2pm: Live Music (MC) 3pm: Video Calls to Family 4pm:Watch Wheel of Fortune</p>	<p>9:40am: Daily Chronicle 11am:Protestant Mass(TV) 12:40pm: Seated Exercise 2:30pm:Foot Soak 4pm: Nature Program</p>	<p>9:40am: Daily Chronicle 11am: Catholic Service(AL) 12:40pm: Seated Exercise 2:30pm: Ice Cream Social 4pm: Armchair Travel</p>	<p><u>Happy Birthday Judy B!</u> 9:40am: Daily Chronicle 10:40: Sunshine Social 10:45am:Video Calls 11am: Sunshine Social 12:40pm: Seated Exercise 3:15pm: Bingo 4pm: Crafts</p>	<p>9:40am: Daily Chronicle 11am: Seated Exercise 12:30pm: Nail Care 2:30pm: Singalong Songs 4:15pm: Short Stories</p>
11	12	13	14	15	16	17
<p><u>Grandparents Day</u> 9:30am:1 on 1 Activities 10:30am: Seated Exercise & Daily Chronicle 11am: Scenic Drive (AL) 12:45pm: Bingo! 2:30pm: Games and Puzzles 4pm: Relaxation Hour- Classical Music</p>	<p>9:40am: Coffee & News 10:45am: Seated Exercise & Daily Chronicle 12:40pm: Trivia 2:30pm: Sunshine Social 4pm: Youtube Concert</p>	<p>9:40am: Daily Chronicle 10:30am: Seated Exercise 12:30pm: Movie Matinee 2pm: Live Music (AL) 3pm: Video Calls to Family 4pm: Watch Jeopardy</p>	<p><u>Hair Care Day!</u> 9:40am: Daily Chronicle 11am: Protestant Mass(AL) 12:30pm: Movie Matinee 1:30pm: Live Music (AL) 4pm: Virtual Bird Watching</p>	<p>9:40am: Daily Chronicle 11am: Live Music (MC) 11am: Catholic Service(AL) 12:40pm: Seated Exercise 2:30pm: Ice Cream Social 4pm: "Who Am I?"</p>	<p><u>National POW/MIA Recognition Day</u> 9:40am: Daily Chronicle 10:40am: Sunshine Social 10:45am:Video Calls 12:40pm: Seated Exercise 2pm: Live Music (AL) 4pm: Painting and Coloring</p>	<p>9:40am: Daily Chronicle 11am: Seated Exercise 12:30pm: Nail Care 2:30pm: Crafts 4:15pm: Short Stories</p>
18	19	20	21	22	23	24
<p>9:30am:1 on 1 Activities 10:30am: Seated Exercise & Daily Chronicle 11am: Scenic Drive (AL) 12:45pm: Bingo! 2:30pm: Games and Puzzles 4pm: Relaxation Hour- Piano Music</p>	<p>9:40am: Coffee & News 10:45am: Seated Exercise & Daily Chronicle 12:30pm: Movie Matinee 2pm: Live Music (MC) 4pm: Youtube Concert</p>	<p>9:40am: Daily Chronicle 10:30am: Seated Exercise 12:40pm: Cooking/Baking 2:40pm:Horse Race Game 3pm: Video Calls to Family 4pm:Watch Wheel of Fortune</p>	<p>9:40am: Daily Chronicle 11am: Protestant Mass(AL) 12:40pm: Seated Exercise 2:30pm:Hand Soak & Rub 4pm: Nature Program</p>	<p><u>Autumn Equinox</u> 9:40am: Daily Chronicle 11am: Catholic Service(AL) 12:40pm: Seated Exercise 2:30pm: Ice Cream Social 4pm: Armchair Travel</p>	<p>9:40am: Daily Chronicle 10:40am: Sunshine Social 10:45am: Video Calls 12:40pm: Seated Exercise 2pm: Live Music (MC) 4pm: Crafts</p>	<p>9:40am: Daily Chronicle 11am: Seated Exercise 12:30pm: Nail Care 2:30pm: Singalong Songs 4:15pm: Short Stories</p>
25	26	27	28	29	30	
<p><u>Rosh Hashanah Begins</u> 9:30am:1 on 1 Activities 10:30am: Seated Exercise & Daily Chronicle 11am: Scenic Drive (AL) 12:45pm: Bingo! 2:30pm: Games and Puzzles 4pm: Relaxation Hour- Classical Music</p>	<p>9:40am: Coffee & News 10:45am: Seated Exercise & Daily Chronicle 12:40pm:Trivia 2:30pm: Sunshine Social 4pm: Youtube Concert</p>	<p>9:40am: Daily Chronicle 10:30am: Seated Exercise 12:40pm:Cooking/Baking 2:40pm:Horse Race Game 3pm: Video Calls to Family 4pm: Watch Jeopardy</p>	<p>9:40am: Daily Chronicle 11am: Protestant Mass(AL) 12:40pm: Seated Exercise 2pm: Live Music (AL) 4pm: Virtual Bird Watching</p>	<p><u>Happy Birthday Jean R!</u> 9:40am: Daily Chronicle 11am: Catholic Service(AL) 12:40pm: Seated Exercise 2:30pm: Ice Cream Social 4pm: "Who Am I?"</p>	<p>9:40am: Daily Chronicle 10:30am: Sunshine Social 10:45am:Video Calls 12:40pm: Seated Exercise 3:15pm:Bingo 4pm: Painting and Coloring</p>	