



# Memory Care | November 2020 Activities

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY  |
|---|--|--|--|--|---|---|
| <b>1</b><br>9:00am   Coffee & News<br>10:00am   Music with Joe Ferris (DR)<br>11:00am   Large Puzzles<br>12:00pm   Exercises<br>2:00pm   Baking<br>3:00pm   Spa Day<br>4:00pm   Sing-along<br>6:00pm   Movie                | <b>2</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Canterbury Cath. Eucharist (ICP)<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Ice Cream Social<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Sing-along<br>6:00pm   Movie  | <b>3</b><br>9:00am   Coffee & News<br>10:00am   1-on-1 Activities<br>11:00am   Scenic Drive<br>12:00pm   Exercises<br>2:00pm   Baking<br>3:00pm   Spa Day<br>4:00pm   Daily Social<br>6:15pm   Election Day Watch Party (DRTV) | <b>4</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Board Games<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Arts & Crafts<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Sing-along<br>6:00pm   Movie        | <b>5</b><br>9:00am   Coffee & News<br>10:00am   1-on-1 Activities<br>11:00am   Televised Catholic Services<br>12:00pm   Exercises<br>2:00pm   Baking<br>3:00pm   Spa Day<br>4:00pm   Daily Social<br>6:00pm   Movie  | <b>6</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Scenic Drive<br>12:00pm   Balloon Toss Exercise<br>2:30pm   Music with Don & George (DR)<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Sing-along<br>6:00pm   Movie | <b>7</b><br>9:00am   Coffee & News<br>10:00am   1-on-1 Activities<br>11:00am   Board Games<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Ice Cream Social<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Daily Social<br>6:00pm   Movie   |
| <b>8</b><br>9:00am   Coffee & News<br>10:00am   Music with Joe Ferris (DR)<br>11:00am   Board Games<br>12:00pm   Exercises<br>2:00pm   Baking<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Daily Social<br>6:00pm   Movie  | <b>9</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Canterbury Cath. Eucharist (ICP)<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Arts & Crafts<br>3:00pm   Spa Day<br>4:00pm   Daily Social<br>6:00pm   Movie                 | <b>10</b><br>9:00am   Coffee & News<br>10:00am   1-on-1 Activities<br>11:00am   Scenic Drive<br>12:00pm   Exercises<br>2:00pm   Baking<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Sing-along<br>6:00pm   Movie              | <b>11</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Large Puzzles<br>12:00pm   Balloon Toss Exercise<br>2:30pm   Veterans Day Remembrance (DR)<br>3:00pm   Spa Day<br>4:00pm   Daily Social<br>6:00pm   Movie | <b>12</b><br>9:00am   Coffee & News<br>10:00am   1-on-1 Activities<br>11:00am   Televised Catholic Services<br>12:00pm   Exercises<br>2:30pm   Music with Cooie (DR)<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Sing-along<br>6:00pm   Movie                            | <b>13</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Scenic Drive<br>12:00pm   Balloon Toss Exercise<br>2:30pm   Music with Lou Allen (DR)<br>3:00pm   Spa Day<br>4:00pm   Daily Social<br>6:00pm   Movie               | <b>14</b><br>9:00am   Coffee & News<br>10:00am   1-on-1 Activities<br>11:00am   Large Puzzles<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Memory Garden<br>3:00pm   Spa Day<br>4:00pm   Sing-along<br>6:00pm   Movie   |
| <b>15</b><br>9:00am   Coffee & News<br>10:00am   Music with Joe Ferris (DR)<br>11:00am   Large Puzzles<br>12:00pm   Exercises<br>2:00pm   Baking<br>3:00pm   Spa Day<br>4:00pm   Sing-along<br>6:00pm   Movie               | <b>16</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Canterbury Cath. Eucharist (ICP)<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Ice Cream Social<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Sing-along<br>6:00pm   Movie | <b>17</b><br>9:00am   Coffee & News<br>10:00am   1-on-1 Activities<br>11:00am   Scenic Drive<br>12:00pm   Exercises<br>2:00pm   Baking<br>3:00pm   Spa Day<br>4:00pm   Daily Social<br>6:00pm   Movie                          | <b>18</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Board Games<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Arts & Crafts<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Sing-along<br>6:00pm   Movie       | <b>19</b><br>9:00am   Coffee & News<br>10:00am   1-on-1 Activities<br>11:00am   Televised Catholic Services<br>12:00pm   Exercises<br>2:30pm   DIY Thanksgiving Cards (DRS)<br>3:00pm   Spa Day<br>4:00pm   Daily Social<br>6:00pm   Movie                                 | <b>20</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Scenic Drive<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Ice Cream Social<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Sing-along<br>6:00pm   Movie            | <b>21</b><br>9:00am   Coffee & News<br>10:00am   1-on-1 Activities<br>11:00am   Board Games<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Ice Cream Social<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Daily Social<br>6:00pm   Movie  |
| <b>22</b><br>9:00am   Coffee & News<br>10:00am   Music with Joe Ferris (DR)<br>11:00am   Board Games<br>12:00pm   Exercises<br>2:00pm   Baking<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Daily Social<br>6:00pm   Movie | <b>23</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Canterbury Cath. Eucharist (ICP)<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Arts & Crafts<br>3:00pm   Spa Day<br>4:00pm   Daily Social<br>6:00pm   Movie                | <b>24</b><br>9:00am   Coffee & News<br>10:00am   1-on-1 Activities<br>11:00am   Scenic Drive<br>12:00pm   Exercises<br>2:00pm   Baking<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Sing-along<br>6:00pm   Movie              | <b>25</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Large Puzzles<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Ice Cream Social<br>3:00pm   Spa Day<br>4:00pm   Daily Social<br>6:00pm   Movie              | <b>26 HAPPY THANKSGIVING</b><br>9:00am   Coffee & News<br>10:00am   1-on-1 Activities<br>11:00am   Televised Catholic Services<br>12:00pm   Exercises<br>2:30pm   Thanksgiving Celebration (DR)<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Sing-along<br>6:00pm   Movie | <b>27</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Scenic Drive<br>12:00pm   Balloon Toss Exercise<br>2:30pm   Music with Lou Allen (DR)<br>3:00pm   Spa Day<br>4:00pm   Daily Social<br>6:00pm   Movie               | <b>28</b><br>9:00am   Coffee & News<br>10:00am   1-on-1 Activities<br>11:00am   Large Puzzles<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Memory Garden<br>3:00pm   Spa Day<br>4:00pm   Sing-along<br>6:00pm   Movie   |
| <b>29</b><br>9:00am   Coffee & News<br>10:00am   Music with Joe Ferris (DR)<br>11:00am   Board Games<br>12:00pm   Exercises<br>2:00pm   Baking<br>3:00pm   Hand Rubs with Lotion<br>4:00pm   Daily Social<br>6:00pm   Movie | <b>30</b><br>9:00am   Reading Hour<br>10:00am   1-on-1 Activities<br>11:00am   Canterbury Cath. Eucharist (ICP)<br>12:00pm   Balloon Toss Exercise<br>2:00pm   Arts & Crafts<br>3:00pm   Spa Day<br>4:00pm   Daily Social<br>6:00pm   Movie                |  |  |  | <p><b>HAPPY BIRTHDAY</b><br/>                     GWEN CHARTER - 16th<br/>                     JANICE LOMBARD - 17th<br/>                     RICHARD NORTON - 23rd<br/>                     OLGA FRANCE - 28th</p>                               | <p><b>MEALTIMES &amp; DAILY ACTIVITIES:</b><br/>                     9:00-10:00am   Breakfast<br/>                     10:00-11:00am   1-on-1 activities<br/>                     12:45-2:00pm   Lunch<br/>                     4:30-5:30pm   Dinner<br/>                     6:00-8:00pm   Movie</p> |

**ROOM & FLOOR KEY**

- DR: Dining Room, Floor 2B
- DRL: Dining Room Lounge, Floor 2B
- DRS: Dining Room Stage, Floor 2
- ICP: Ice Cream Parlor, Floor 1
- LR: Living Room, Floor 3
- MC: Memory Care Wing
- MCG: Memory Care Garden

Activity Information and Support is available by contacting the Activity Department at (518) 817-9108 ext. 403

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