

SUNDAY

MONDAY

TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

January 2021

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|--|---|---|
| | | | | | 1 | 2 |
| | | | | | 10am: Exercise (2B) 11am: Wheel of Fortune (2B) 1:30pm: Card Games (2B) 2:30pm: Documentary (2B) 3:30pm: Wine & Cheese (3B) 6:15pm: New Release Movie (2B) | 10am: Exercise (2B) 11am: Coffee & Tea (2) 1:30pm: Scenic Drive / 1-on-1s 2:30pm: Popcorn Matinee (1) 3:30pm: Video Calls to Family 6:15pm: Broadway Musical (2B) |
| 3 | <u>DONALD'S BIRTHDAY!</u> 4 | <u>RITA'S BIRTHDAY!</u> 5 | 6 | 7 | 8 | 9 |
| 10am: Exercise (2B) 10:30am: Canterbury Cathedral Morning Prayer (1) 10:30am: Catholic Mass (2B) 11:30am: Holy Communion (1) 1:30pm: Coffee Klatch (2) 3:30pm: Video Calls to Family 6:15pm: Sing Along Hymns (2B) | 10am: Exercise (2B) 11am: Wheel of Fortune (2B) 1:30pm: Crosswords (2B) 2:30pm: Armchair Travel (2B) 3:30pm: Video Calls to Family 6:15pm: Comedy Movie (2B) | 10am: Exercise (2B) 11am: Book Club (3) 1:30pm: Bingo (2B) 2:30pm: Putting Practice (2) 3:30pm: Video Calls to Family 6:15pm: Western Movie (2B) | 10am: Exercise (2B) 11am: Play Jeopardy (2B) 1:30pm: Nature Program (2B) 2:30pm: Arts & Crafts (2B) 3:30pm: Board Games (2B) 6:15pm: Game Show TV (2B) | 10am: Exercise (2B) 11am: Catholic Mass (2B) 1:30pm: Ice Cream Social (1) 2:30pm: Bingo (2B) 3:30pm: Hors d'oeuvres (3B) 6:15pm: Music Concert (2B) | 10am: Exercise (2B) 11am: Wheel of Fortune (2B) 1:30pm: Card Games (2B) 2:30pm: Documentary (2B) 3:30pm: Wine & Cheese (3B) 6:15pm: New Release Movie (2B) | 10am: Exercise (2B) 11am: Coffee & Tea (2) 1:30pm: Scenic Drive / 1-on-1s 2:30pm: Popcorn Matinee (1) 3:30pm: Video Calls to Family 6:15pm: Broadway Musical (2B) |
| <u>CATHERINE'S BIRTHDAY!</u> 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 10am: Exercise (2B) 10:30am: Canterbury Cathedral Morning Prayer (1) 10:30am: Catholic Mass (2B) 11:30am: Holy Communion (1) 1:30pm: Coffee Klatch (2) 3:30pm: Video Calls to Family 6:15pm: Sing Along Hymns (2B) | 10am: Exercise (2B) 11am: Wheel of Fortune (2B) 1:30pm: Crosswords (2B) 2:30pm: Armchair Travel (2B) 3:30pm: Video Calls to Family 6:15pm: Comedy Movie (2B) | 10am: Exercise (2B) 11am: Book Club (3) 1:30pm: Bingo (2B) 2:30pm: Putting Practice (2) 3:30pm: Video Calls to Family 6:15pm: Western Movie (2B) | 10am: Exercise (2B) 11am: Play Jeopardy (2B) 1:30pm: Nature Program (2B) 2:30pm: Arts & Crafts (2B) 3:30pm: Board Games (2B) 5pm: Dinner Serenade (2B) 6:15pm: Game Show TV (2B) | 10am: Exercise (2B) 11am: Catholic Mass (2B) 1:30pm: Ice Cream Social (1) 2:30pm: Bingo (2B) 3:30pm: Hors d'oeuvres (3B) 6:15pm: Music Concert (2B) | 10am: Exercise (2B) 11am: Wheel of Fortune (2B) 1:30pm: Card Games (2B) 2:30pm: Documentary (2B) 3:30pm: Wine & Cheese (3B) 6:15pm: New Release Movie (2B) | 10am: Exercise (2B) 11am: Coffee & Tea (2) 1:30pm: Scenic Drive / 1-on-1s 2:30pm: Popcorn Matinee (1) 3:30pm: Video Calls to Family 6:15pm: Broadway Musical (2B) |
| 17 | 18 | <u>GRACE'S BIRTHDAY!</u> 19 | <u>GAYNELLE'S BIRTHDAY!</u> 20 | 21 | 22 | 23 |
| 10am: Exercise (2B) 10:30am: Canterbury Cathedral Morning Prayer (1) 10:30am: Catholic Mass (2B) 11:30am: Holy Communion (1) 1:30pm: Coffee Klatch (2) 3:30pm: Video Calls to Family 6:15pm: Sing Along Hymns (2B) | 10am: Exercise (2B) 11am: Wheel of Fortune (2B) 1:30pm: Martin Luther King Jr. Biography (2B) 2:30pm: Armchair Travel (2B) 3:30pm: Video Calls to Family 6:15pm: Comedy Movie (2B) | 10am: Exercise (2B) 11am: Book Club (3) 1:30pm: Bingo (2B) 2:30pm: Putting Practice (2) 3:30pm: Video Calls to Family 6:15pm: Western Movie (2B) | 10am: Exercise (2B) 11am: Play Jeopardy (2B) 1:30pm: Crosswords (2B) 2:30pm: Arts & Crafts (2B) 3:30pm: Board Games (2B) 6:15pm: Game Show TV (2B) | 10am: Resident Council (2B) 11am: Catholic Mass (2B) 1:30pm: Ice Cream Social (1) 2:30pm: Bingo (2B) 3:30pm: Hors d'oeuvres (3B) 6:15pm: Music Concert (2B) | 10am: Exercise (2B) 11am: Wheel of Fortune (2B) 1:30pm: Card Games (2B) 2:30pm: Documentary (2B) 3:30pm: Wine & Cheese (3B) 6:15pm: New Release Movie (2B) | 10am: Exercise (2B) 11am: Coffee & Tea (2) 1:30pm: Scenic Drive / 1-on-1s 2:30pm: Popcorn Matinee (1) 3:30pm: Video Calls to Family 6:15pm: Broadway Musical (2B) |
| 24 | 25 | 26 | 27 | <u>VICTORIA'S BIRTHDAY!</u> 28 | 29 | <u>CVSC BIRTHDAY PARTY</u> 30 |
| 10am: Exercise (2B) 10:30am: Canterbury Cathedral Morning Prayer (1) 10:30am: Catholic Mass (2B) 11:30am: Holy Communion (1) 1:30pm: Coffee Klatch (2) 3:30pm: Video Calls to Family 6:15pm: Sing Along Hymns (2B) | 10am: Exercise (2B) 11am: Wheel of Fortune (2B) 1:30pm: Crosswords (2B) 2:30pm: Armchair Travel (2B) 3:30pm: Video Calls to Family 6:15pm: Comedy Movie (2B) | 10am: Exercise (2B) 11am: Book Club (3) 1:30pm: Bingo (2B) 2:30pm: Putting Practice (2) 3:30pm: Video Calls to Family 6:15pm: Western Movie (2B) | 10am: Exercise (2B) 11am: Play Jeopardy (2B) 1:30pm: Nature Program (2B) 2:30pm: Arts & Crafts (2B) 3:30pm: Board Games (2B) 5pm: Dinner Serenade (2B) 6:15pm: Game Show TV (2B) | 10am: Exercise (2B) 11am: Catholic Mass (2B) 1:30pm: Ice Cream Social (1) 2:30pm: Bingo (2B) 3:30pm: Hors d'oeuvres (3B) 6:15pm: Music Concert (2B) | 10am: Exercise (2B) 11am: Wheel of Fortune (2B) 1:30pm: Card Games (2B) 2:30pm: Documentary (2B) 3:30pm: Wine & Cheese (3B) 6:15pm: New Release Movie (2B) | 10am: Exercise (2B) 11am: Coffee & Tea (2) 1:30pm: DIY Birthday Cards (2B) 2:30pm: Birthday Party (2B) 3:30pm: Video Calls to Family 6:15pm: Broadway Musical (2B) |
| 31 |  <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <p>CHAMPLAIN VALLEY SENIOR COMMUNITY</p> <p>ASSISTED LIVING & MEMORY CARE</p> </div> <div style="text-align: right;"> <p>Activity Information and Support is available by contacting: Hilary Harwood, Activities Director (518) 817-9108 ext. 407 hilary@champlainassistedliving.com</p> </div> </div> | | | | | |
| 10am: Exercise (2B) 10:30am: Canterbury Cathedral Morning Prayer (1) 10:30am: Catholic Mass (2B) 11:30am: Holy Communion (1) 1:30pm: Coffee Klatch (2) 3:30pm: Video Calls to Family 6:15pm: Sing Along Hymns (2B) | <p>8am-9am: Breakfast 9am-10am: 1-on-1 Activities 12pm-1pm: Lunch 5pm-6pm: Dinner</p> | | | | | |