

February
2026

ASSISTED LIVING



CHAMPLAIN VALLEY
SENIOR COMMUNITY
Assisted Living & Memory Care

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>1</p> <p>9:30 am Move & Groove 11:00 am Shopping Trip 1:30 pm Christian Service 2:30 pm Dog Therapy 3:30 pm Teddy Bear Picnic 6:00 pm Movie</p> | <p>2</p> <p>9:30 am Move & Groove 10:30 am Balloon Toss 1:30 pm Bingo 3:30 pm Karaoke 6:00 pm Movie</p> | <p>3</p> <p>9:30 am Move & Groove 10:30 am Book Club 1:30 pm Music with Mark 3:30 pm Ice Cream Social 6:00 pm Movie</p> | <p>4</p> <p>9:30 am Move & Groove 10:30 am Music Therapy 1:30 pm Flowers Arrangement 3:30 pm Bingo 6:00 pm Movie</p> <p>HAPPY BIRTHDAY ANDREW</p> | <p>5</p> <p>9:30 am Move & Groove 10:30 am Catholic Service 1:30 pm Chair Boogie 3:30 pm Sing with Doc 3:30 pm Cards 6:00 pm Movie</p> <p>HAIR DAY</p> | <p>6</p> <p>9:30 am Move & Groove 11:00 am Restaurant Outing 1:30 pm Bingo 3:30 pm Trivia 6:00 pm Movie</p> | <p>7</p> <p>9:30 am Move & Groove 11:00 am Scenic Drive 1:30 pm Girls Scout Visit 3:30 pm Sing Along 6:00 pm Movie</p> |
| <p>8</p> <p>9:30 am Move & Groove 11:00 am Shopping Trip 1:30 pm Bingo 2:00 pm Dog Therapy 3:30 pm Music Therapy 6:00 pm Movie</p> | <p>9</p> <p>9:30 am Move & Groove 10:30 am Book Club 1:30 pm Board Games 3:30 pm Karaoke 6:00 pm Movie</p> | <p>10</p> <p>9:30 am Move & Groove 10:30 am Arts and Craft 1:30 pm Sing Along 3:30 pm Bingo 6:00 pm Movie</p> | <p>11</p> <p>9:30 am Move & Groove 10:30 am Protestant Service 1:30 pm Sing Along 3:30 pm Mini Golf 6:00 pm Movie</p> <p>HAPPY BIRTHDAY JEAN S.</p> | <p>12</p> <p>9:30 am Move & Groove 10:30 am Catholic Service 1:30 pm Bowling 3:30 pm Bingo 6:00 pm Movie</p> | <p>13</p> <p>9:30 am Move & Groove 10:30 am Sing Along 1:30 pm Arts and Craft 3:30 pm Trivia 6:00 pm Movie</p> | <p>14</p> <p>9:30 am Move & Groove 10:30 am Bingo 12:00 pm Music with Tyler 3:30 pm Wine Down 6:00 pm Movie</p> <p>VALENTINE DAY </p> |
| <p>15</p> <p>9:30 am Move & Groove 11:00 am Shopping Trip 1:30 pm Christian Service 2:30 pm Dog Therapy 3:30 pm Bingo 6:00 pm Movie</p> <p>HAPPY BIRTHDAY MARY</p> | <p>16</p> <p>9:30 am Move & Groove 10:30 am Balloon Toss 12:00 pm Dean Music Guy 6:00 pm Movie</p> <p>PRESIDENT DAY</p> | <p>17</p> <p>9:30 am Move & Groove 10:30 am Sing Along 1:30 pm Bingo 3:30 pm Ice Cream Social 6:00 pm Movie</p> | <p>18</p> <p>9:30 am Move & Groove 10:30 am Resident Council Meeting 1:30 pm Flower Arrangement 3:30 pm Music Therapy 6:00 pm Movie</p> <p>MEETING DAY <small>ASH WEDNESDAY</small></p> | <p>19</p> <p>9:30 am Move & Groove 10:30 am Catholic Service 1:30 pm Chair Boogie 3:30 pm Sing with Doc 3:30 pm Card games 6:00 pm Movie</p> <p>HAIR DAY</p> | <p>20</p> <p>9:30 am Move & Groove 10:30 am Arts and Crafts 1:30 pm Mitch Willette 3:30 pm Trivia 6:00 pm Movie</p> | <p>21</p> <p>9:30 am Move & Groove 11:00 am Scenic Drive 1:30 pm Movie Night 3:30 pm Sing Along 6:00 pm Movie</p> |
| <p>22</p> <p>9:30 am Move & Groove 11:00 am Scenic Drive 1:30 am Music Therapy 2:30 pm Dog Therapy 3:30 pm Board Games 6:00 pm Movie</p> <p>HAPPY BIRTHDAY CAROL</p> | <p>23</p> <p>9:30 am Move & Groove 10:30 am Balloon Toss 1:30 pm Bingo 3:30 pm Karaoke 6:00 pm Movie</p> <p>HAPPY BIRTHDAY MERLE</p> | <p>24</p> <p>9:30 am Move & Groove 10:30 am Sing Along 1:30 pm Mini Golf 3:30 pm Ice Cream Social 6:00 pm Movie</p> | <p>25</p> <p>9:30 am Move & Groove 10:30 am Protestant Service 1:30 pm Bingo 3:30 pm Bocce Ball 6:00 pm Movie</p> | <p>26</p> <p>9:30 am Move & Groove 10:30 am Catholic Service 1:30 pm Movie night 3:30 pm Bowling 6:00 pm Movie</p> | <p>27</p> <p>9:30 am Move & Groove 10:30 am Sing Along 1:30 pm Bingo 3:30 pm Trivia 6:00 pm Movie</p> | <p>28</p> <p>9:30 am Move & Groove 11:00am Shopping Trip 1:30 pm Music with Tyler 3:30 pm Wine Down 6:00 pm Movie</p> |