



CHAMPLAIN VALLEY
SENIOR COMMUNITY
Assisted Living & Memory Care

October
2025

MEMORY CARE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:30 am Move & Groove ¹ 10:30 am Sing Along 1:30 pm Domino 3:30 pm Trivia & Coffee 6:00 pm Movie HAPPY BIRTHDAY PRISCILLA International Coffee Day	9:30 am Move & Groove ² 10:30 am Catholic Mass 1:30 pm Nail & SPA 3:30 pm Sing with Doc 6:00 pm Movie	9:30 am Move & Groove ³ 10:00 pm Restaurant Outing 1:30 pm Memory Games 3:30 pm Darts 6:00 pm Movie HAPPY BIRTHDAY TOM M.	9:30 am Move & Groove ⁴ 10:30 am Scenic Drive 1:30 pm Sing Along 3:30 pm Coloring 6:00 pm Movie
5 9:30 am Move & Groove 10:30 am Sing Along 1:30 pm Christian Service 2:30 pm Dog Therapy 3:30 pm Mini Golf 6:00 pm Movie	6 9:30 am Move & Groove 10:30 am Karaoke 1:30 pm River Walks 3:30 pm Bowling 6:00 pm Movie	7 9:30 am Move & Groove 10:30 am Music Therapy 1:30 pm The Castaways 3:30 pm Corn Hole 6:00 pm Movie	8 9:30 am Move & Groove 10:30 am Protestant Service 1:30 pm River Walks 3:30 pm Sing Along 6:00 pm Movie	9 9:30 am Move & Groove 10:30 am Catholic Mass 1:30 pm Darts 3:30 pm Nail & SPA 6:00 pm Movie HAIR DAY	10 9:30 am Move & Groove 10:00 am TV activity 1:30 pm Sunbathing 3:30 pm Darts 6:00 pm Movie	11 9:30 am Move & Groove 10:30 am Scenic Drive 1:30 pm Sing Along 3:30 pm Coloring 6:00 pm Movie 
12 9:30 am Move & Groove 10:30 pm Shopping Trip 2:00 pm Music with Tyler 2:00 pm Dog Therapy 6:00 pm Movie	13 9:30 am Move & Groove 10:30 am Karaoke 1:30 pm Coloring 3:30 pm Bowling 6:00 pm Movie Columbus Day	14 9:30 am Move & Groove 10:30 am Music Therapy 1:30 pm Sunbathing 3:30 pm Ice Cream Social 6:00 pm Movie HAPPY BIRTHDAY JOAN H.	15 9:30 am Move & Groove 10:30 am Resident Council Meeting 1:30 pm Domino 3:30 pm Sing Along 6:00 pm Movie HAPPY BIRTHDAY MEETING DAY WALTER	16 9:30 am Move & Groove 10:30 am Catholic Mass 1:30 pm Nail & SPA 3:30 pm Sing with Doc 6:00 pm Movie	17 9:30 am Move & Groove 10:00 am TV activity 1:30 pm Mitch Willette 3:30 pm Balloon Toss 6:00 pm Movie	18 9:30 am Move & Groove 10:30 am Scenic Drive 1:30 pm Board Games with 4H 3:30 pm Bocce Ball 6:00 pm Movie
19 9:30 am Move & Groove 10:30 am Sing Along 1:30 pm Christian Service 2:30 pm Dog Therapy 3:30 pm Mini Golf 6:00 pm Movie	20 9:30 am Move & Groove 10:30 am Karaoke 2:00 pm Dean Newhard 6:00 pm Movie	21 9:30 am Move & Groove 10:30 am Music Therapy 1:30 pm Sunbathing 3:30 pm Ice Cream Social 6:00 pm Movie	22 9:30 am Move & Groove 10:30 am Protestant Service 1:30 pm Memory Games 3:30 pm Wine Down & Trivia 6:00 pm Movie	23 9:30 am Move & Groove 10:30 am Catholic Mass 1:30 pm Darts 3:30 pm Nail & SPA 6:00 pm Movie HAIR DAY	24 9:30 am Move & Groove 10:30 am Sing Along 1:30 pm Darts 3:30 pm Flower Arranging 6:00 pm Movie	25 9:30 am Move & Groove 10:30 am Scenic Drive 1:30 pm Arts & Crafts 3:30 pm Duck Hunting 6:00 pm Movie World Pasta Day
26 9:30 am Move & Groove 10:30 pm Sing Along 1:30 pm Shopping Trip 2:30 pm Dog Therapy 3:30 pm River Walks 6:00 pm Movie	27 9:30 am Move & Groove 10:30 am Karaoke 1:30 pm Don & Phyllis 3:30 pm Bowling 6:00 pm Movie	28 9:30 am Move & Groove 10:30 am Music Therapy 1:30 pm Sunbathing 3:30 pm Ice Cream Social 6:00 pm Movie	29 9:30 am Move & Groove 10:30 am Balloon Toss 1:30 pm Domino 3:30 pm Director Show & Tell 6:00 pm Movie HAPPY BIRTHDAY GAIL	30 9:30 am Move & Groove 10:30 am Catholic Mass 1:30 pm Nail & SPA 3:30 pm Darts 6:00 pm Movie HAPPY BIRTHDAY SHIRLEY	31 9:30 am Move & Groove 10:00 am TV activity 1:30 pm Halloween Party 3:30 pm Bingo 6:00 pm Movie HAPPY HALLOWEEN	

For activity support & information, contact 518-817-9108 ext. 415. (Activities subject to change.)

Breakfast: 8am-9am Lunch: 12pm-1pm Dinner: 5pm-6pm