

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024

Champlain Valley Senior Community
Assisted Living & Memory Care

<p>10am: Seated Exercises 11am: Protestant Service 1pm: Meaningful 1:1's 2pm: Move to Music 3pm: Wine Down 6pm: Western Movie</p>	<p>10am: Seated Exercises 11am: Catholic Service 1:30pm: Live Music 3pm: Bingo 6pm: Throwback Movie</p> <p>Hair Day! Happy Birthday Arlene Bigelow!</p>	<p>10am: Seated Exercises 11:15am: Scenic Drive 1pm: Move to Music 2pm: Ice Cream Social 3pm: Wine Down 6pm: Comedy Movie</p> <p>Happy Birthday Elaine Chang!</p>	<p>10am: Seated Exercises 10:30am: Coffee & Crosswords 12pm: Diner Outing 1pm: Games/Social 2pm: Meaningful 1:1's 3pm: Nail Painting 6pm: Action Movie</p>			
<p>10am: Seated Exercises 11:15am: River Walk 1:30pm: Christian Service 3pm: Cinco De Mayo Party 6pm: Sitcom Sunday</p> <p>Cinco de Mayo</p>	<p>10am: Seated Exercises 11am: Coffee & Book Reading 1:30pm: Live Music 3:30pm: Balloon Toss 6pm: Musical Monday</p>	<p>10am: Seated Exercises 11am: Coffee & Donuts 1pm: Singalongs 2pm: Chair Yoga 3pm: Bingo 6pm: Documentary</p> <p>!</p>	<p>10am: Seated Exercises 11:15am: Scenic Drive 1pm: Meaningful 1:1's 2pm: Move to Music 3pm: Wine Down 6pm: Western Movie</p>	<p>10am: Seated Exercises 11am: Coffee & Book Reading 1:30pm: Live Music 3:30pm: Catholic Mass 6pm: Throwback Movie</p> <p>Happy Birthday Rosemary Rathbun!</p>	<p>10am: Seated Exercises 11:15am: Scenic Drive 1pm: Move to Music 2pm: Ice Cream Social 3pm: Wine Down 6pm: Comedy Movie</p>	<p>10am: Seated Exercises 10:30am: Coffee & Crosswords 12pm: Plattsburgh Trip 1pm: Games/Social 2pm: Meaningful 1:1's 3pm: Nail Painting 6pm: Action Movie</p>
<p>10am: Seated Exercises 11:15am: Scenic Drive 1:30pm: Mother's Day Tea Party 3:30pm: Bingo 6pm: Sitcom Sunday</p> <p>Mother's Day National Skilled Nursing Care Week</p>	<p>10am: Seated Exercises 11am: Coffee & Book Reading 1:30pm: Flower Arranging 3:30pm: Mini Golf 6pm: Musical Monday</p>	<p>10am: Seated Exercises 11:00am: Coffee & Donuts 1pm: Singalongs 2pm: Chair Yoga 3pm: Bingo 6pm: Documentary</p> <p>Happy Birthday Phyllis Miner!</p>	<p>10am: Resident Council Meeting 11:00am: Protestant Service 1pm: Meaningful 1:1's 6pm: Western Movie</p> <p>Meeting Day!</p>	<p>10am: Seated Exercises 11:00am: Catholic Service 1pm: Singalongs 2pm: Chair Yoga 3pm: Bingo 6pm: Throwback Movie</p> <p>Hair Day!</p>	<p>10am: Seated Exercises 11:15am: River Walk/Scenic Drive 1pm: Move to Music 2pm: Ice Cream Social 3pm: Wine Down 6pm: Comedy Movie</p>	<p>10am: Seated Exercises 10:30am: Coffee & Crosswords 12pm: Diner Outing 1pm: Games/Social 2pm: Meaningful 1:1's 3pm: Nail Painting 6pm: Action Movie</p> <p>Armed Forces Day</p>
<p>10am: Seated Exercises 11:15am: River Walk/Scenic Drive 1:30pm: Christian Service 3:30pm: Bingo 6pm: Sitcom Sunday</p> <p>Happy Birthday Roger Peets!</p>	<p>10am: Seated Exercises 11am: Coffee & Book Reading 1:30pm: Live Music 3:30pm: Bowling 6pm: Musical Monday</p>	<p>10am: Seated Exercises 11:00am: Coffee & Donuts 1pm: Singalongs 2pm: Chair Yoga 3pm: Bingo 6pm: Documentary</p>	<p>10am: Seated Exercises 11:15am: River Walk/Scenic Drive 1pm: Meaningful 1:1's 2pm: Move to Music 3pm: Wine Down 6pm: Western Movie</p>	<p>10am: Seated Exercises 11am: Coffee & Book Reading 1pm: Singalongs 2pm: Bingo 3:30pm: Catholic Mass 6pm: Throwback Movie</p>	<p>10am: Seated Exercises 11:15am: River Walk/Scenic Drive 1pm: Move to Music 2pm: Ice Cream Social 3pm: Wine Down 6pm: Comedy Movie</p>	<p>10am: Seated Exercises 10:30am: Coffee & Crosswords 12pm: Plattsburgh Trip 1pm: Games/Social 2pm: Meaningful 1:1's 3pm: Nail Painting 6pm: Action Movie</p>
<p>10am: Seated Exercises 11:15am: River Walk 1:30pm: Hymn Sing 3:30pm: Bingo 6pm: Sitcom Sunday</p>	<p>10am: Seated Exercises 11am: Coffee & Book Reading 1:30pm: Ice Cream Social 3:30pm: Ring Toss 6pm: Musical Monday</p> <p>Memorial Day</p>	<p>10am: Seated Exercises 11:00am: Coffee & Donuts 1pm: Flower Arranging 2pm: Chair Yoga 3pm: Bingo 6pm: Documentary</p>	<p>10am: Seated Exercises 11:00am: Protestant Service 1pm: Meaningful 1:1's 2pm: Move to Music 3pm: Wine Down 6pm: Western Movie</p>	<p>10am: Seated Exercises 11:00am: Catholic Service 1pm: Singalongs 2pm: Chair Yoga 3pm: Bingo 6pm: Throwback Movie</p> <p>Hair Day!</p>	<p>10am: Seated Exercises 11:15am: River Walk/Scenic Drive 1pm: Move to Music 2pm: Ice Cream Social 3pm: Wine Down 6pm: Comedy Movie</p>	<p>10am: Seated Exercises 10:30am: Coffee & Crosswords 12pm: Plattsburgh Trip 1pm: Games/Social 2pm: Meaningful 1:1's 3pm: Nail Painting 6pm: Action Movie</p>