

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>2: Stage 2B: Dining Room 2BTV: Dining Room TV Area ICP: Ice Cream Parlor 1CH: Chapel 1DR: Discovery Room 1FD: Front Desk</p>	<p>10am: Seated Exercises (2B) 1 11am: Coffee & Word Search (2B) 1:30pm: Live Music (2B) 3:30pm: Games/Social (2) 6pm: Musical Monday (2BTV)</p> <p>Hair Day!</p> <p>All Fools' Day</p>	<p>10am: Seated Exercises (2B) 2 11am: Dollar General Trip (1FD) 1:30pm: Flower Arranging (2) 3:30pm: Bingo (2) 6pm: Documentary (2BTV)</p>	<p>10am: Seated Exercises (2B) 3 11am: Protestant Service (1CH) 1:30pm: Arts & Crafts (2) 3:30pm: Wine Down Wednesday (2BTV) 6pm: Western Movie (2BTV)</p> <p>Happy Birthday Janice Doenges!</p>	<p>10am: Seated Exercises (2B) 4 11am: Catholic Service (1CH) 1:30pm: Crochet Club (1DR) 3:30pm: Bingo (2) 6pm: Throwback Movie (2BTV)</p>	<p>10am: Seated Exercises (2B) 5 11am: Scenic Drive (1FD) 1:30pm: Library Trip (1FD) 3:30pm: Wine Down (2BTV) 6pm: Comedy Movie (2BTV)</p>	<p>10am: Seated Exercises (2B) 6 11am: Nail Painting (2) 2pm: Live Music (2B) 6pm: Action Movie (2BTV)</p> <p>Happy Birthday Gillian Richards!</p>	
<p>10am: Seated Exercises (2B) 7 11:15am: Scenic Drive (1FD) 1:30pm: Christian Service (1CH) 3:30pm: Bingo (2) 6pm: Sitcom Sunday (2BTV)</p>	<p>10am: Seated Exercises (2B) 8 11am: Coffee & Word Search (2B) 1:30pm: Ice Cream Social (ICP) 3:30pm: Games/Social (2) 6pm: Musical Monday (2BTV)</p>	<p>10am: Seated Exercises (2B) 9 11am: Dollar General Trip (1FD) 1:30pm: Live Music (2) 3:30pm: Bingo (2) 6pm: Documentary (2BTV)</p>	<p>10am: Seated Exercises (2B) 10 11am: River Walk (1FD) 1:30pm: Arts & Crafts (2) 3:30pm: Wine Down Wednesday (2BTV) 6pm: Western Movie (2BTV)</p> <p>Happy Birthday Dorothy Wootton!</p>	<p>9:30am: Seated Exercises (2B) 11 10:30am: Catholic Mass (1CH) 1:30pm: Crochet Club (1DR) 3:30pm: Bingo (2) 6pm: Throwback Movie (2BTV)</p>	<p>10am: Seated Exercises (2B) 12 11am: Scenic Drive (1FD) 1:30pm: Ice Cream Social (ICP) 3:30pm: Wine Down (2BTV) 6pm: Comedy Movie (2BTV)</p>	<p>10am: Seated Exercises (2B) 13 11am: Nail Painting (2) 1:30pm: Plattsburgh Outing (1FD) 3:30pm: Dance Fitness (ICP) 6pm: Action Movie (2BTV)</p>	
<p>10am: Seated Exercises (2B) 14 11:15am: Scenic Drive (1FD) 1:30pm: Hymn Sing (1CH) 3:30pm: Bingo (2) 6pm: Sitcom Sunday (2BTV)</p>	<p>10am: Seated Exercises (2B) 15 11am: Coffee & Word Search (2B) 1:30pm: Ice Cream Social (ICP) 3:30pm: Games/Social (2) 6pm: Musical Monday (2BTV)</p>	<p>10am: Seated Exercises (2B) 16 11am: Dollar General Trip (1FD) 1:30pm: Flower Arranging (2) 3:30pm: Bingo (2) 6pm: Documentary (2BTV)</p>	<p>10am: Resident Council (2B) 17 11am: Protestant Service (1CH) Meeting Day! 6pm: Western Movie (2BTV)</p>	<p>10am: Seated Exercises (2B) 18 11am: Catholic Service (1CH) 1:30pm: Crochet Club (1DR) 3:30pm: Bingo (2) 6pm: Throwback Movie (2BTV)</p> <p>Hair Day! Happy Birthday Norman Towle!</p>	<p>10am: Seated Exercises (2B) 19 11am: Scenic Drive (1FD) 2pm: Live Music (1FD) 3:30pm: Wine Down (2BTV) 6pm: Comedy Movie (2BTV)</p>	<p>10am: Seated Exercises (2B) 20 11am: Nail Painting (2) 1:30pm: Diner Outing (1FD) 3:30pm: Dance Fitness (ICP) 6pm: Action Movie (2BTV)</p> <p>Happy Birthday Dorothy Clark!</p>	
<p>10am: Seated Exercises (2B) 21 11:15am: Scenic Drive (1FD) 1:30pm: Christian Service (1CH) 3:30pm: Bingo (2) 6pm: Sitcom Sunday (2BTV)</p>	<p>10am: Seated Exercises (2B) 22 11am: Coffee & Word Search (2B) 1:30pm: Ice Cream Social (ICP) 3:30pm: Games/Social (2) 6pm: Musical Monday (2BTV)</p> <p>Passover Begins Earth Day</p>	<p>10am: Seated Exercises (2B) 23 11am: Dollar General Trip (1FD) 1:30pm: Canvas Painting (2) 3:30pm: Bingo (2) 6pm: Documentary (2BTV)</p>	<p>10am: Seated Exercises (2B) 24 11am: River Walk (1FD) 1:30pm: Arts & Crafts (2) 3:30pm: Wine Down Wednesday (2BTV) 6pm: Western Movie (2BTV)</p> <p>Happy Birthday Carole Bellew!</p> <p>Administrative Professionals Day</p>	<p>9:30am: Seated Exercises (2B) 25 10:30am: Catholic Mass (1CH) 1:30pm: Crochet Club (1DR) 3:30pm: Bingo (2) 6pm: Throwback Movie (2BTV)</p>	<p>10am: Seated Exercises (2B) 26 11am: Scenic Drive (1FD) 1:30pm: Ice Cream Social (ICP) 3:30pm: Wine Down (2BTV) 6pm: Comedy Movie (2BTV)</p> <p>Happy Birthday Betty Vanderhoff!</p> <p>Arbor Day</p>	<p>10am: Seated Exercises (2B) 27 11am: Nail Painting (2) 1:30pm: Plattsburgh Outing (1FD) 3:30pm: Dance Fitness (ICP) 6pm: Action Movie (2BTV)</p>	
<p>10am: Seated Exercises (2B) 28 11:15am: Scenic Drive (1FD) 1:30pm: Hymn Sing (1CH) 3:30pm: Bingo (2) 6pm: Sitcom Sunday (2BTV)</p> <p>Happy Birthday Nancy Sunderland!</p>	<p>10am: Seated Exercises (2B) 29 11am: Coffee & Word Search (2B) 1:30pm: Ice Cream Social (ICP) 3:30pm: Games/Social (2) 6pm: Musical Monday (2BTV)</p>	<p>10am: Seated Exercises (2B) 30 11am: Dollar General Trip (1FD) 1:30pm: Flower Arranging (2) 3:30pm: Bingo (2) 6pm: Documentary (2BTV)</p>	<h1>April 2024</h1> <p>Champlain Valley Senior Community Assisted Living & Memory Care</p>				 <p>CHAMPLAIN VALLEY SENIOR COMMUNITY Assisted Living & Memory Care</p>

For activity support & information contact 518-517-9108 ext. 415 (Activities subject to change)

Breakfast: 8am-9am

Lunch: 12pm-1pm

Dinner: 5pm-6pm