Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	DEC	BER Champlain Valley Senior Commu Assisted Living & Memory Car			10am: Seated Exercises 11am: Scenic Drive 1:30pm: Live Music 2:30pm: Wine Down 6pm: Comedy Movie	10am: Seated Exercises 2 10:30am: Coffee & Book Reading 11:30am: Diner Outing 2pm: Nail Painting 3pm: Meaningful 1:1's 6pm: Sitcom Saturday
10am: Seated Exercises 11am: Scenic Drive 1:30pm: Christian Service 2:30pm: Bingo 3:30pm: Balloon Toss 6pm: Christmas Movie	10am: Seated Exercises 11am: Coffee & Book Reading 1:30pm: Live Music 3pm: Horse Racing 6pm: Documentary	10am: Seated Exercises 11am: Scenic Drive 2pm: Live Music 3pm:Bingo 6pm: Action/Western Movie	 10am: Seated Exercises 11am: Protestant Service 2pm: Arts & Crafts 3pm: Wine Down 6pm: You pick the movie 	6 Hair Salon Open! 7 10am: Seated Exercises 11am: Catholic Service 1pm: Coffee & Book Reading 2:30pm: Live Music 6pm: Throwback Thursday Movie Hanukkah Begins	10am: Seated Exercises 11am: Scenic Drive 1:30pm: Poker 2:30pm: Wine Down 5:30pm: Willsboro Tree Lighting	10am: Seated Exercises 9 10:30am: Coffee & Book Reading 11am: Nail Painting 1:30pm: Plattsburgh Trip 4pm: Meaningful 1:1's 6pm: Sitcom Saturday
10am: Seated Exercises 11am: Scenic Drive 1:30pm: Hymn Sing 2:30pm: Bingo 3:30pm: Balloon Toss 6pm:Christmas Movie	10am: Seated Exercises 11 11am: Coffee & Book Reading 2pm: Ice Cream Social 3pm: Bowling 6pm: Documentary	9:45am: Painting w/ Bryan Briscoe 1pm: Seated Exercise 2pm: Flower Arranging 3pm: Bingo 6pm: Action/Western Movie	2 10am: Resident Council Mee 11am: Protestant Service Meeting Day! 6pm: You pick the movie	13 10am: Seated Exercises 11am: Catholic Service 1pm: Music Bingo 2pm: Meaningful 1:1's 6pm: Throwback Thursday Movie	10am: Seated Exercises 11am: Scenic Drive 2pm: Live Music 2:30pm: Wine Down 6pm: Comedy Movie	10am: Seated Exercises 16 10:30am: Coffee & Book Reading 11:30am: Diner Outing 2pm: Nail Painting 3pm: Meaningful 1:1's 6pm: Sitcom Saturday
10am: Seated Exercises 11am: Scenic Drive 1:30pm: Christian Service 2:30pm: Bingo 3:30pm: Balloon Toss 6pm: Christmas Movie	10am: Seated Exercises 18 11am: Coffee & Book Reading 2pm: Santa Is coming to town! 6pm: Documentary	10am: Seated Exercises 11am: Scenic Drive 1pm: Puzzles 3pm:Bingo 6pm: Action/Western Movie	9 10am: Seated Exercises 11am: Protestant Service 2pm: Arts & Crafts 3pm: Wine Down 6pm: You pick the movie	Hair Salon Open! 10am: Seated Exercises 11am: Catholic Service 1pm: Coffee & Book Reading 2pm: Live Music 6pm: Throwback Thursday Movie Winter Begins	10am: Seated Exercises 11am: Scenic Drive 1:30pm: Poker 2:30pm: Wine Down 6pm: Comedy Movie	10am: Seated Exercises 10:30am: Coffee & Book Reading 11am: Nail Painting 1:30pm: Plattsburgh Trip 4pm: Meaningful 1:1'ss 6pm: Sitcom Saturday
10am: Seated Exercises 11am: Scenic Drive 1:30pm: Hymn Sing 2:30pm: Bingo 3:30pm: Balloon Toss 6pm: Thanksgiving/ Christmas Movie	10am: Coffee & Chat 1pm: Christmas Movie & Hot Chocolate! 3pm: Wine Down w/ Christmas Carols 6pm: Documentary Christmas	9:45am: Painting w/ Bryan Briscoe 1pm: Puzzles 2pm: Flower Arranging 3pm: Bingo 6pm: Action/Western Movie Kwanzaa Begins Boxing Day (Canada)	6 10am: Seated Exercises 11am: Protestant Service 2pm: Arts & Crafts 3pm: Wine Down 6pm: You pick the movie		10am: Seated Exercises 11am: Scenic Drive 1:30pm: Poker 2:30pm: Wine Down 6pm: Comedy Movie	10am: Seated Exercises 30 10:30am: Coffee & Book Reading 11:30am: Diner Outing 2pm: Nail Painting 3pm: Meaningful 1:1's 6pm: Sitcom Saturday
31	Memory Care Description of the second secon					
Breakfast: 8am-9am Lunch: 12pm-1pm Dinner: 5pm-6pm						
New Year's Eve	For activity support & information, contact 518-817-9108 ext. 415 (Activities subject to change)					