



December 2017 Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>OUTINGS FOR DECEMBER:</p> <ul style="list-style-type: none"> • 5th-Shopping • 10th-A Christmas Carol • 16th-Christmas Market • 19th-Breakfast Trip • 31st-Scenic Drive 	<p>HAPPY BIRTHDAY</p> <p>TIM CRAIG PAUL STILES GLADYS FROUSTET BARBARA MILLION MARY ROSE HOLTZHAUER</p>	<p>MEALTIMES & ONE-ON-ONE:</p> <p>8:00-9:00am Breakfast 9:30-10:00am 1-on-1 Activity 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity 5:00-6:00pm Dinner</p>			<p>1</p> <p>9:30-10am 1-on-1 Activity (Rm#316) 10:00am Chair Exercise(DR) 10:30am Christmas Craft (DRS) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#317) 2:00pm Live Music: Don & Earl (DR) 4:00pm Happy Hour (DR) 6:00pm Movie: White Christmas (3LR)</p>	<p>2</p> <p>9:30-10am 1-on-1 Activity (Rm#318) 10:00am Chair Aerobics(DR) 10:30am Board Games (DRS) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#319) 2:00pm Prize Bingo (DR) 4:00pm Happy Hour(DR) 6:00pm Movie: Miracle on 34th St (3LR)</p>
<p>3</p> <p>9:30-10am 1-on-1 Activity (Rm#320) 10:00am Arthritis Exercise (DR) 10:30am Christmas Lamps (DRS) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#321) 2:00pm Jeopardy (ICP) 4:00pm Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>4</p> <p>9:30-10am 1-on-1 Activity (Rm#101) 10:00am Chair Exercise (DR) 10:30am Christmas Manicures (DRS) 1-2:30pm 1-on-1 Activity (Rm#102) 2:00pm Buggy (DR) 4:00pm Dinner Depart: Pasquales 4:00pm Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>5</p> <p>9:00am Shopping Trip 9:30-10am 1-on-1 Activity (Rm#103) 10:00am Chair Exercise (DR) 10:30am Board Games (DRS) 1-2:30pm 1-on-1 Activity (Rm#104) 2:30pm Jeopardy (ICP) 4:00pm Happy Hour (DR) 6:00pm Movie: It's a Wonderful Life (3LR)</p>	<p>6</p> <p>9:30-10am 1-on-1 Activity (Rm#105) 10:00am Strength Exercise (DR) 10:30am Crossword Puzzle (ICP) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#106) 2:30pm Prize Bingo (DR) 4:00pm Happy Hour (DR) 6:00pm Movie: Resident's Choice (3LR)</p>	<p>7</p> <p>9:30-10am 1-on-1 Activity (Rm#107) 10:00am Chair Exercise (DR) 10:30am Music Gathering (DR) 11:00am Catholic Communion (DR) 1:30pm Yoga with Ellen (ICP) 2:30pm Rummicub (DRS) 4:00pm Happy Hour(DR) 6:00pm Movie: Joyeux Noel (3LR)</p>	<p>8</p> <p>9:30-10am 1-on-1 Activity (Rm#109) 10:00am Chair Aerobics (DR) 10:30am Christmas Craft (DRS) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#110) 2:00pm Live Music with Coocie (DR) 4:00pm Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>9</p> <p>9:30-10am 1-on-1 Activity (Rm#111) 10:00am Chair Aerobics (DR) 10:30am Christmas Craft (DRS) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#310) 2:00pm Live music with Mel (DR) 4:00pm Happy Hour (DR) 6:00pm Movie: Deck the Halls (3LR)</p>
<p>10</p> <p>9:30-10am 1-on-1 Activity (Rm#311) 10:00am Chair Exercise (DR) 10:30am Board Games (DRS) 1-2:30pm 1-on-1 Activity (Rm#312) 2:00pm Jeopardy (ICP) 2:30pm Depart for "A Christmas Carol" 4:00pm Happy Hour (DR) 6:00pm Movie: Dear Santa (3LR)</p>	<p>11</p> <p>9:30-10am 1-on-1 Activity (Rm#313) 10:00am Chair Exercise (DR) 10:30am Board Games & Manicures (DRS) 1-2:30pm 1-on-1 Activity (Rm#314) 2:30pm Monthly Book Club (3LR) 4:00pm Dinner Depart: McLeans Rest. 4:00pm Happy Hour (DR) 6:00pm Movie: Resident's Choice (3LR)</p>	<p>12</p> <p>9:30-10am 1-on-1 Activity (Rm#315) 10:00am Chair Aerobics (DR) 10:30am Rummicub (DRS) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#316) 2:30pm Jeopardy (ICP) 4:00pm Happy Hour (DR) 6:00pm Movie: A Chrle Brwn C-MAS(3LR)</p>	<p>13</p> <p>9:30-10am 1-on-1 Activity (Rm#317) 10:00am Chair Aerobics (DR) 10:30am Christmas Crafts (DRS) 1-2:30pm 1-on-1 Activity (Rm#318) 2:00pm Yoga (ICP) 3:00pm Prize Bingo (DR) 4:00pm Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>14</p> <p>9:30-10am 1-on-1 Activity (Rm#319) 10:00am Arthritis Exercise (DR) 10:30am Music Gathering (DR) 11:00am Catholic Communion (DR) 1:00pm Santa-Dean-Party 2:30pm Rummicub (DRS) 4:00pm Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>15</p> <p>9:30-10am 1-on-1 Activity (Rm#321) 10:00am Chair Exercise (DR) 10:30am C-MAS Carols w/Angela (DR) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#101) 2:00pm Music w/Library Jam Band (DR) 4:00pm Happy Hour (DR) 6:00pm Movie: Grinch Stole C-MAS(3LR)</p>	<p>16</p> <p>9:30-10am 1-on-1 Activity (Rm#102) 10:00am Chair Exercise(DR) 10:30am Board Games (DRS) 12:00pm Depart for C-MAS Market 1-2:30pm 1-on-1 Activity (Rm#103) 4:00pm Happy Hour (DR) 5:00pm Christmas Carolers Visit 6:00pm Movie: Resident's Choice (3LR)</p>
<p>17</p> <p>9:30-10am 1-on-1 Activity (Rm#104) 10:00am Chair Exercise(DR) 10:30am Name that C-MAS Tune (DR) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#105) 2:30pm Christmas Bingo (DR) 4:30pm Happy Hour (DR) 6:00pm Pete's Christmas (3LR)</p>	<p>18</p> <p>9:30-10am 1-on-1 Activity (Rm#106) 10:00am Chair Exercise (DR) 10:30am Board Games & Manicures (DRS) 1-2:30pm 1-on-1 Activity (Rm#107) 2:00pm Music with Ed Schenk (DR) 4:00pm Dinner Depart: Pleasant Corner's Rest. 4:00pm Happy Hour (DR) 6:00pm Movie: Practical Magic (ICP)</p>	<p>19</p> <p>9:00am Breakfast Outing 9:30-10am 1-on-1 Activity (Rm#108) 10:00am Chair Aerobics (DR) 10:30am Name that Christmas Tune (DR) 1-2:30pm 1-on-1 Activity (Rm#109) 2:30pm Jeopardy (ICP) 4:30 Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>20</p> <p>9:30-10am 1-on-1 Activity (Rm#110) 10:00am Arthritis Exercise (DR) 10:30am Christmas Cookies (DRS) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#111) 2:30pm Prize Bingo (DR) 4:00pm Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>21</p> <p>9:30-10am 1-on-1 Activity (Rm#310) 10:00am Strength Exercise (DR) 10:30am Music Gathering (DR) 11:00am Catholic Mass (DR) 1-2:30pm 1-on-1 Activity (Rm#311) 2:30pm Rummicub (DRS) 4:30pm Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>22</p> <p>9:30-10am 1-on-1 Activity (Rm#312) 10:00am Chair Aerobics (DR) 10:30am Board Games (DRS) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#313) 2:00pm Music with Lou Allen (DR) 4:00pm Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>23</p> <p>9:30-10am 1-on-1 Activity (Rm#314) 10:00am Chair Exercise (DR) 10:30am Christmas Craft (DRS) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#315) 2:00pm Prize Bingo (DRS) 4:00pm Happy Hour (DR) 6:00pm Movie: Resident's Choice (3LR)</p>
<p>24</p> <p>9:30-10am 1-on-1 Activity (Rm#316) 10:00am Chair Exercise(DR) 10:30am Christmas Reading (DR) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#317) 2:00pm Christmas Songs (DR) 4:00pm Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>25</p> <p>MERRY CHRISTMAS!</p> <p>9:30-10am 1-on-1 Activity (Rm#318) 10:00am Jingle Bell Exercise (DR) 10:30am Reindeer Games (DR) 2:00pm Christmas Movie with Angela 4:00pm Cocoa Hour 6:00pm Movie: Residents Choice (3LR)</p>	<p>26</p> <p>9:30-10am 1-on-1 Activity (Rm#320) 10:00am Chair Exercise (DR) 11:00am Resident Council (DR) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#321) 2:30pm Yathzee (DRS) 4:30pm Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>27</p> <p>9:30-10am 1-on-1 Activity (Rm#101) 10:00am Strength Exercise (DR) 10:30am Board Games (DRS) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#102) 2:00pm Prize Bingo (DR) 4:00pm Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>28</p> <p>9:30-10am 1-on-1 Activity (Rm#103) 10:00am Arthritis Exercise (DR) 10:30am Catholic Communion (DR) 1-2:30pm 1-on-1 Activity (Rm#104) 1:30pm Sensory Activity (DRS) 3:00pm Resident Council (DR) 4:00pm Happy Hour (DR) 6:00pm Movie: Comedy (ICP)</p>	<p>29</p> <p>9:30-10am 1-on-1 Activity (Rm#105) 10:00am Chair Exercise (DR) 10:30am Sensory Activity (DRS) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#106) 2:00pm Music with Buggy (DR) 4:00pm Happy Hour (DR) 6:00pm Movie: Residents Choice (ICP)</p>	<p>30</p> <p>9:30-10am 1-on-1 Activity (Rm#107) 10:00am Chair Exercise (DR) 10:30am Crossword Puzzle (ICP) 12:00-1:00pm Lunch 1-2:30pm 1-on-1 Activity (Rm#108) 2:30pm Play "Name that Tune!" (DR) 4:00pm Happy Hour (DR) 6:30pm Movie: Comedy (ICP)</p>
<p>31</p> <p>9:30-10am 1-on-1 Activity (Rm#109) 10:00am Chair Exercise (DR) 10:30am Scrabble (DRS) 1:00pm Scenic Drive 4:00pm Happy Hour (DR) 6:00pm Movie: Residents Choice (3LR)</p>	<p>ROOM & FLOOR KEY</p> <p>3BB: Balcony, Floor 3B 3LR: Living Room, Floor 3 DR: Dining Room, Floor 2B DRL: Dining Room Lounge, Floor 2B DRS: Dining Room Stage, Floor 2 DRTV: Dining Room TV, Floor 2B ICP: Ice Cream Parlor, Floor 1</p>					<p>EVENING, SATURDAY AND SUNDAY ACTIVITIES WILL BE LEAD BY RCA'S UNLESS OTHERWISE NOTED. DOCUMENTATION OF ACTIVITIES IS REQUIRED. ALL SUPPLIES AND DIRECTION WILL BE PROVIDED.</p> <p>Support is available by contacting Torunn Lyngroth Aberle at (518) 817-9108 ext 407 or at torunn@champlainassistedliving.com</p>
<p>HAPPY NEW YEAR!</p>						